

## ALTON COLLEGE NURSERY

### SUN PROTECTION POLICY

Very young children have sensitive skin that can be damaged by the sun's UV rays. Children at the Nursery spend a lot of their time outdoors, so we, as carers, have a responsibility to ensure that the children we look after are protected from the harmful effects of the sun.

#### Procedures

##### **Suntan Lotion:**

- Children must have sun cream applied before coming into Nursery on days above 17°C or is sunny. If not, parents will be asked to do this before leaving.
- We ask that parents bring in their child's own sun cream which we will keep until the end of the summer. (we do have spare for emergency use)
- Sun cream is also applied after lunch as needed, even if the children do not go outside.
- All children must have suncream applied.

##### **Hats:**

- Should be worn at all times when outside to protect face and eyes from the sun, supplied and named by parents.
- A supply of hats is kept at the Nursery in case a child's hat is forgotten.

##### **Outdoor play:**

- We have shaded parts in the garden in the morning and afternoon.
- During morning and afternoon, on warm/hot days, we use these shaded parts for playing such as water/ painting/playdough and other activities are planned so that the children play and stay in the shaded parts of the garden during the hottest parts of the day.
- Children are encouraged to wear tops that cover their shoulders.
- Talking to children about the dangers of the sun during story time reinforces learning and encourages the children to think of the dangers and be more responsible.

##### **Water:**

- Water bottles are available at all times,
- The children are stopped from play periodically and asked to drink.
- All children's bottles are monitored.
- Water is replaced with fresh cool water after lunch on hot days or at any point needed.

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